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## **Newsletter Summer 2022**

Welcome to BEMSCA Summer newsletter. In this issue we will look back at events in May, June, July and August. Jointly hosted with Fairfield House CIC and University of Bath Students at Fairfield House. Thanks to the funders who enabled us to put on these events, names at end of page.





In May, the first Table Tennis Tournament hosted by BEMSCA and Fairfield House. It was a family day with prizes, food and music. We aim to hold this as an annual event. We thank Wesort for the purchase of the table tennis tables, and for sessions of Yoga and Taichi. The day would not be successful without the staff and volunteers ,all competitors and supporters from our different communities for a memorable and joyful day!





In June we celebrated the Queen Platinum Jubilee, with an exhibition of photographs and a short film about H.I.M Haile Selassie, on his visit in 1954 and the welcome from the Queen and the friendship they shared.



The day included photos memories of the 75<sup>th</sup> year of Windrush with members sharing their stories and the link to Fairfield House in the 1960. A recording was made on the day to send to the Queen and photo and oral history will be shared in October to celebrate Black History Month at Fairfield House.

Christ Church Bath hosted the 75<sup>th</sup> anniversary of Windrush with a church service on 24<sup>th</sup> June. Young people from Black Families Education group and Christchurch took part to read from the bible scriptures and sing a song. A poem commissioned for the service was written and performed by Vanessa Melody, titled "one hand can't clap". The recording can be heard on @imperial voice radio/armchair conversation 4 and be seen on Christchurch Facebook page.







Outings! Our lovely members had a beautiful day at Weston-Super-Mare and a visit to Whitehall Garden Centre. They enjoyed a joint trip with the Bristol community to Weymouth in August, from member said "We enjoyed the sun and the sea and the wonderful friendship made."

**EXCITING TIMES!** Members met with Mary, Katie and Anna from #clevelandpools, to share memories of using the pool in the 60's and 70's! Members shared their experiences of swimming in Beau Street Baths. If you have any memories of swimming in the Pool or Baths, please share with us. When the pool a special trip will be organised o visit..





**Music session** with Paul Midgley, Bath carnival Community outreach team. The group re-wrote the folk song dip and fallback with new words, enjoy listening, on our face book page



Armchair conversations on imperial voice radio is a monthly recorded show where BEMSCA members and community come together to discuss different topical life experience. The group was given an introduction to the library by Triscot. They shared memories their school days, and what books they read. It varied from the bible, history, to word search. If you would be interested in joining the monthly library group or sharing your interest, please get in touch.

Carlton, Mearle and Chris took part in an interview with Reconnection Twerton, a project run by Bath City Football Foundation, the film was called "ticket please". This lead to a trip to Weston Super Mare on the train, and a short film shown at the Egg Theatre.





**News!** A warm welcome to Clare Singer, She will be at Bemsca At Fairfield House offering professional foot care service! The clinic will run from 10am to 4pm fortnightly. Contact Clare on 07764 190404 or BEMSCA office, spaces will be limited so we encourage you to book as early as possible!

Team 11 at Bath University worked with us on the Jubilee recording and with the staff on the Covid 19 project. Their valuable support on the questionnaire which is available on line. They followed up with a focus day at Fairfield House inviting students to share their experiences of studying in Bath and the impact the pandemic had on them and the services they received from a positive diagnose, the outcome was astonishing and will form part the report to Public Health England, BANES. It was also a day of fun to try out games with BEMSCA elders, staff and volunteers.







In August, NCS students spent two days with us, they were given a tour of Fairfield House and later distributed information for the Sunday tours in the local area on day one. The second day they put together a collage of photographs to celebrate BEMSCA upcoming 30<sup>th</sup> anniversary in 2023. They had the opportunity to speak with Chris, Carlton, Raj and staff about the BEMSCA services. They did excellent work and we would welcome them back at anytime! There was encouragement from the elders for their future and a lot of laughter.

## **WEEKLY EVENTS**



We welcomed Norma and Glennis recently at BEMSCA on the weekly zoom session in person. These sessions are run for members to catch up with friends who cannot attend the club. The **Zoom online sessions** take place every Wednesday, start 1:30PM, all welcome. A programme of the session is available, which includes Bingo, singing, exercise, language learning, quiz i.e.: plants / wild life knowledge. Members are encouraged and supported by Ping to lead on session.

Other activities include exercise, games, arts and craft, recording for armchair conversation, book club and topical talks.











Congratulation to BEMSCA, Fairfield House and Pauline and Shawn on their nominations from The Bath Live Awards sponsored by the law firm Stone King. And the Rise Award sponsor by Ujima Radio. Also to Marcia Risden for her work in Coventry

We remember: The Brown and Green family in memory of Sharon Brown.

As a family we continue to provide support through our visits and correspondences to



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